ABOUT UNIVERSITY HOSPITAL AND MEDICAL CENTER

University Hospital and Medical Center has been serving the Broward County community since 1974. Our private 317-bed facility is fully accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) and staffed by approximately 411 physicians and 637 healthcare professionals.

Additional services at University Hospital and Medical Center include:

- 24-Hour Emergency Department
- Chest Pain Center
- Breast Care Center
- Orthopedic and Spine Institute
- Wound Healing Center
- Rehabilitation
- Outpatient Surgical Services
- Minimally Invasive Surgical Services

Directions to University Hospital and Medical Center:

From I-95 or the Turnpike:
Exit at Commercial Boulevard and head West. At University Drive make a right. The hospital will be on your left just North of McNab Road.

From I-75 or the Sawgrass Expressway:
Exit at Commercial Boulevard and head East. At University Drive make a left. The hospital will be on your left just North of McNab Road.

For a free physician referral, call 1-866-442-2362

24 hours a day, 7 days a week Intake Department
954-724-6502

University
Hospital & Medical Center
Proudly serving the community for 35 years

7201 North University Drive | Tamarac, FL 33321
For more information, call **(954) 721-2200**.

www.uhmchealth.com

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Services will be provided in a nondiscriminatory manner without regards to age, race, gender, national origin or disability.

The Center for Geriatric Behavioral Health

at the University Pavilion

University
Hospital & Medical Center
Proudly serving the community for 35 years

ABOUT US

The Center for Geriatric Behavioral Health at the University Pavilion is designed to treat and improve the lives of adults 65 years and older who are suffering from depression and other psychiatric diseases.

According to the Geriatric Mental Health Foundation, "All people feel sad or unhappy at times during their lives, but persistent sadness may be depression, a serious illness affecting 15 out of every 100 adults over age 65 in the United States. Depression is not a normal part of growing old but rather a treatable medical illness that impacts more than 6 million of the more than 40 million Americans over age 65. An estimated 6 percent of people ages 65 and older in a given year, or approximately 2 million individuals in this age group, have a diagnosable depressive illness."

QUALIFIED, DEDICATED PROFESSIONALS

We take pride in the guidance and support from our specialized staff. Our patients will be treated by a variety of highly skilled healthcare professionals.

- Medical Physicians
- Geriatric Psychiatrists
- Geropsychiatric Nurses
- Licensed Clinical Social Workers
- Occupational and Recreational Therapists
- Physical Therapists
- Dietary and Nutrition Consultants

SERVICES

As adults age they tend to experience life changing events that can cause an emotional and psychosocial strain. These events can trigger depression, anxiety, and mood disorders that are best treated by specially trained healthcare professionals. Special care is taken to meet their emotional and physical needs to assure their safety and well-being while in our care. For the aging populations, The Center for Geriatric Behavioral Health offers two distinct programs; The Senior Adult Program and the Senior Intensive Treatment Program.

The Senior Adult Unit is designed for those who have a higher degree of functioning prior to the onset of psychiatric symptoms.

The Senior Intensive Treatment Program is designed for patients who are in need of a more specialized course of treatment and typically stay an average of 10-12 days. Our team of dedicated professionals develop a course of treatment based upon the individual needs of the patient. Treatment plans are closely monitored and updated as the patient progresses.

All patients receive a comprehensive medical and physical evaluation by our interdisciplinary medical team.

Treatment plans will include some or all of the following:

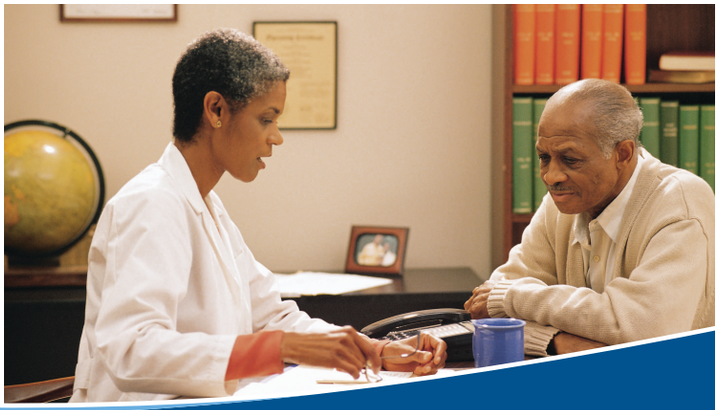
- Diagnostic Evaluation
- Medication Management
- Group Therapy
- Occupational and Recreation Therapy
- Physical Therapy
- Social Work Consultation
- Patient and Family Education
- Continued Care Education

PATIENTS WE TREAT

There are several reasons why someone would seek treatment at The Center for Geriatric Behavioral Health. Many of the diagnosis we see are:

- Behavioral and Safety Intervention
- Delirium
- Delusional Thought Process
- Early Stage 1 Dementia with Psychotic Symptoms

ADMISSIONS PROCESS

Our admission process is completely confidential and available 24 hours a day, 7 days a week. Referrals may be made by psychiatrists or other physicians, social workers or counselors, psychologists, and other health professionals as well as family members, and clergy. The Intake Department can be reached at 954-724-6502.

For a free physician referral, call 1-866-4HCA-DOCS (442-2362).